



America's Young Gentlemen Mentoring Program

Session Eleven:

1. Opening welcome and acknowledgements
2. Review previous session
3. Activity # 1 - 10 Guiding Principles of AYG Mentoring Program
 - a. Worksheet #1 – (Guiding principles)
4. Activity # 18 - Five Critical Disciplines
 - a. Worksheet # 18 (Understanding the complexities of serving others)
5. Activity # 44 - College Preparation
 - a. Worksheet # 44 (Preparing early for the complex process of university entry)
6. Activity # 31 - The Four Disciplines of STEM
 - a. Worksheet # 31 (Mandates of Science, Technology, Engineering & Mathematics - STEM)
7. Activity # 9 - Accepting higher learning as a way of life
 - a. Worksheet #9 (Higher learning is a way of life)
8. Activity # 43 - Time management
 - a. Worksheet # 43 (Controlling productivity through efficient time management)
9. Activity # 29 - Life Time-Line – (Now till you graduate from college)
 - a. Worksheet # 29 (Designing your blueprint for a lifetime of success)
10. Activity # 20 - Computer science and technology
 - a. Worksheet # 20 (Computer science connects your world)
11. Activity # 12 - USA economics
 - a. Worksheet # 12 (Unites States economics and your future)
12. Activity # 13 - Global economics
 - a. Worksheet # 13 (Understanding global economics)
13. Activity # 28 - Personal desires
 - a. Worksheet # 28 (Do you own your own brain or does outside influences)
14. Activity # 32 - Maintain a Healthy Body
 - a. Worksheet # 32 (Understanding human anatomy and its development)
15. Activity # 19 - Be the best of what it is to be human
 - a. Worksheet # 19 (Be true to all things is the best of being human)
16. Activity # 36 - Martial Arts - Kung Fu as a way of life
 - a. Worksheet # 36 (The power of the mind, body, spirit and Chi Energy)
17. Closing session