



America's Young Gentlemen Mentoring Program

Session Twelve:

1. Opening welcome and acknowledgements
2. Review previous session
3. 1 Activity # 1 - 10 Guiding Principles of AYG Mentoring Program
 - a. Worksheet #1 – (Guiding principles)
4. Activity # 37 - The evolution of your world through the age of 60
 - a. Worksheet # 37 (Exploring the evolution of your world to the age of 60)
5. Activity # 38 - Cognitive, analytical and critical thinking skills
 - a. Worksheet # 38 (Developing accelerated cognitive, analytical and critical Thinking skills)
6. Activity # 42 - Understanding the peer pressure
 - a. Worksheet # 42 (Understanding the psychological effects of peer pressure)
7. Activity # 6 - Accept success understanding failure
 - a. Worksheet #6 (Accepting success understanding failure)
8. Activity # 24 - Understanding the complexities of authoritative figures
 - a. Worksheet # 24 (Strengthening your abilities to understand authority)
9. Activity # 5 - Family value system
 - a. Worksheet # 5 (Family value systems)
10. Activity # 14 - Money management
 - a. Worksheet # 14 (Success revolves around money management)
11. Activity #4 – The right value system
 - a. Worksheet #4 – (Understanding your value system)
12. Activity # 8 - Sexual behavior
 - a. Worksheet #8 (STD's HIV/AIDS sexual behavior life or death)
13. Activity # 10 - Identifying life barriers
 - a. Worksheet # 10 (Success comes from identifying life barriers)
14. Activity # 25 - Understanding the law and your rights
 - a. Worksheet # 25 (Knowing your rights as a minor under the law)
15. Activity # 28 - Personal desires
 - a. Worksheet # 28 (Do you own your own brain or does outside influences)
16. Activity # 30 - Educational Timeline
 - a. Worksheet # 30 (Designing your blueprint for your doctorate degree)
17. Activity # 36 - Martial Arts - Kung Fu as a way of life
 - a. Worksheet # 36 (The power of the mind, body, spirit and Chi Energy)
18. Closing session