



# America's Young Gentlemen Mentoring Program

## Session Thirteen:

1. Opening welcome and acknowledgements
2. Review previous session
3. Activity # 1 - 10 Guiding Principles of AYG Mentoring Program
  - a. Worksheet #1 – (Guiding principles)
4. Activity # 31 - The Four Disciplines of STEM
  - a. Worksheet # 31 (Mandates of Science, Technology, Engineering & Mathematics - STEM)
5. Activity # 33 - The self gratification of giving to other community service
  - a. Worksheet # 33 (Experiencing the self rewards of giving unselfishly)
6. Activity # 34 - Understanding America's Politics
  - a. Worksheet # 34 (General overview of America's politics non-partisan)
7. Activity # 28 - Personal desires
  - a. Worksheet # 28 (Do you own your own brain or does outside influences)
8. Activity # 44 - College Preparation
  - a. Worksheet # 44 (Preparing early for the complex process of university entry)
9. Activity # 20 - Computer science and technology
  - a. Worksheet # 20 (Computer science connects your world )
10. Activity # 21 - Advancement in Technology
  - a. Worksheet # 21 (Staying up to date on technological advancements)
11. Activity # 5 - Family value system
  - a. Worksheet # 5 (Family value systems)
12. Activity # 11 - Social acceptance
  - a. Worksheet # 11 (Social success the acceptable paradigms)
13. Activity # 19 - Be the best of what it is to be human
  - a. Worksheet # 19 (Be true to all things is the best of being human)
14. Activity # 43 - Time management
  - a. Worksheet # 43 (Controlling productivity through efficient time management)
15. Activity # 40 - Do you own your own brain
  - a. Worksheet # 40 (Understanding the power of social media influences)
16. Activity # 36 - Martial Arts - Kung Fu as a way of life
  - a. Worksheet # 36 (The power of the mind, body, spirit and Chi Energy)
17. Closing session