



# America's Young Gentlemen Mentoring Program

## Session Three:

1. Opening welcome and acknowledgements
  - a. Review previous session
2. Activity # 1 - 10 Guiding Principles of AYG Mentoring Program
  - a. Worksheet #1 – (Guiding principles)
3. Activity # 2 - Accelerated grades for the 21<sup>st</sup> Century
  - a. Worksheet # 2 (The journey to becoming a honors student)
4. Activity # 10 - Identifying life barriers
  - a. Worksheet # 10 (Success comes from identifying life barriers)
5. Activity # 22 - Cultural sensitivity
  - a. Worksheet # 22 (Increasing personal levels of cultural sensitivity)
6. Activity # 23 - Gender sensitivity
  - a. Worksheet # 23 (Increasing personal levels of gender sensitivity)
7. Activity # 8 - Sexual behavior
  - a. Worksheet #8 (STD's HIV/AIDS sexual behavior life or death)
8. Activity # 4 - The right value system
  - a. Worksheet #4 ( Understanding your value system)
9. Activity # 9 - Accepting higher learning as a way of life
  - a. Worksheet #9 (Higher learning is a way of life)
10. Activity # 13 - Global economics
  - a. Worksheet # 13 (Understanding global economics)
11. Activity # 7 - Communication opens doors
  - a. Worksheet #7 (Removing communication barriers)
12. Activity # 20 - Computer science and technology
  - a. Worksheet # 20 (Computer science connects your world )
13. Activity # 21 - Advancement in Technology
  - a. Worksheet # 21 (Staying up to date on technological advancements)
14. Activity # 5 - Family value system
  - a. Worksheet # 5 (Family value systems)
15. Activity # 45 - Substance abuse prevention
  - a. Worksheet #45 (Understanding the lifelong impact of substance abuse)
16. Activity # 36 - Martial Arts - Kung Fu as a way of life
  - a. Worksheet # 36 (The power of the mind, body, spirit and Chi Energy)
17. Closing Session