



America's Young Gentlemen Mentoring Program

Session Four:

1. Opening welcome and acknowledgements
2. Review previous session
3. Activity # 1 - 10 Guiding Principles of AYG Mentoring Program
 - a. Worksheet #1 – (Guiding principles)
4. Activity # 2 - Accelerated grades for the 21st Century
 - a. Worksheet # 2 (The journey to becoming a honors student)
5. Activity # 30 - Educational Timeline
 - a. Worksheet # 30 (Designing your blueprint for your doctorate degree)
6. Activity # 3 - Your Purpose in Life
 - a. Worksheet # 3 (Your purpose in life)
7. Activity # 11 - Social acceptance
 - a. Worksheet # 11 (Social success the acceptable paradigms)
8. Activity # 15 - Life skills
 - a. Worksheet # 15 (Developing your inherent gifts, talents and skills)
9. Activity # 26 - Preparing for a medical career
 - a. Worksheet # 26 (Conditioning the mind for a medical profession)
10. Activity # 20 - Computer science and technology
 - a. Worksheet # 20 (Computer science connects your world)
11. Activity # 14 - Money management
 - a. Worksheet # 14 (Success revolves around money management)
12. Activity # 8 - Sexual behavior
 - a. Worksheet #8 (STD's HIV/AIDS sexual behavior life or death)
13. Activity # 10 - Identifying life barriers
 - a. Worksheet # 10 (Success comes from identifying life barriers)
14. Activity # 19 - Be the best of what it is to be human
 - a. Worksheet # 19 (Be true to all things is the best of being human)
15. Activity # 33 - The self gratification of giving to other community service
 - a. Worksheet # 33 (Experiencing the self rewards of giving unselfishly)
16. Activity # 5 - Family value system
 - a. Worksheet # 5 (Family value systems)
17. Activity # 36 - Martial Arts - Kung Fu as a way of life
 - a. Worksheet # 36 (The power of the mind, body, spirit and Chi Energy)
18. Closing Session