



America's Young Gentlemen Mentoring Program

Session Six:

1. Opening welcome and acknowledgements
2. Review previous session
3. Activity # 1 - 10 Guiding Principles of AYG Mentoring Program
 - a. Worksheet #1 – (Guiding principles)
4. Activity # 40 - Do you own your own brain
 - a. Worksheet # 40 (Understanding the power of social media influences)
5. Activity # 1 - Your purpose in life
 - a. Worksheet # 3
6. Activity # 7 - Communication opens doors
 - a. Worksheet #7 (Removing communication barriers)
7. Activity # 10 - Identifying life barriers
 - a. Worksheet # 10 (Success comes from identifying life barriers)
8. Activity # 5 - Family value system
 - a. Worksheet # 5 (Family value systems)
9. Activity # 8 - Sexual behavior
 - a. Worksheet #8 (STD's HIV/AIDS sexual behavior life or death)
10. Activity # 9 - Accepting higher learning as a way of life
 - a. Worksheet #9 (Higher learning is a way of life)
11. Activity # 38 - Cognitive, analytical and critical thinking skills
 - a. Worksheet # 38 (Developing accelerated cognitive, analytical and critical Thinking skills)
12. Activity # 43 - Time management
 - a. Worksheet # 43 (Controlling productivity through efficient time management)
13. Activity # 16- Conflict resolution
 - a. Worksheet # 16 (Develop lifelong abilities to resolve conflicts)
14. Activity # 28 - Personal desires
 - a. Worksheet # 28 (Do you own your own brain or does outside influences)
15. Activity # 25 - Understanding the law and your rights
 - a. Worksheet # 25 (Knowing your rights as a minor under the law)
16. Activity # 17 - Anger management
 - a. Worksheet # 17 (Controlling anger is the science of humility)
17. Activity # 36 - Martial Arts - Kung Fu as a way of life
 - a. Worksheet # 36 (The power of the mind, body, spirit and Chi Energy)
18. Closing session

3-28-12