



America's Young Gentlemen Mentoring Program

Session Eight:

1. Opening welcome and acknowledgements
2. Review previous session
3. Activity # 1 - 10 Guiding Principles of AYG Mentoring Program
 - a. Worksheet #1 – (Guiding principles)
1. Activity # 24 - Understanding the complexities of authoritative figures
 - b. Worksheet # 24 (Strengthening your abilities to understand authority)
4. Activity # 41 - Self creativity and motivation
 - a. Worksheet # 41 (Identifying with your Inherent gifts and talents)
5. Activity # 3 - Your Purpose in Life
 - a. Worksheet # 3 (Your purpose in life)
6. Activity # 19 - Be the best of what it is to be human
 - a. Worksheet # 19 (Be true to all things is the best of being human)
7. Activity # 11 - Social acceptance
 - a. Worksheet # 11 (Social success the acceptable paradigms)
8. Activity # 6 - Accept success understanding failure
 - a. Worksheet #6 (Accepting success understanding failure)
9. Activity # 32 - Maintain a Healthy Body
 - a. Worksheet # 32 (Understanding human anatomy and its development)
10. Activity # 22 - Cultural sensitivity
 - a. Worksheet # 22 (Increasing personal levels of cultural sensitivity)
11. Activity # 25 - Understanding the law and your rights
 - a. Worksheet # 25 (Knowing your rights as a minor under the law)
12. Activity # 14 - Money management
 - a. Worksheet # 14 (Success revolves around money management)
13. Activity # 10 - Identifying life barriers
 - a. Worksheet # 10 (Success comes from identifying life barriers)
14. Activity # 33 - The self gratification of giving to other community service
 - a. Worksheet # 33 (Experiencing the self rewards of giving unselfishly)
15. Activity # 42 - Understanding the peer pressure
 - a. Worksheet # 42 (Understanding the psychological effects of peer pressure)
16. Activity # 36 - Martial Arts - Kung Fu as a way of life
 - a. Worksheet # 36 (The power of the mind, body, spirit and Chi Energy)
17. Closing session